

TEEN HEALTH CENTERS

2019-2020 EDUCATIONAL TOPICS

SEPTEMBER 2019

Sexually Transmitted Disease (STD)

- WEEK 1 Introduction of health facts
- WEEK 2 Risk for STDs/How STDs are passed
- WEEK 3 STD co-infection: Is it a real risk?
- WEEK 4 Infuse positivity into surroundings

SEPTEMBER HEALTH AWARENESS

Self-Improvement
Sexual Health
Suicide Prevention

OCTOBER 2019

HIV Facts: The Effect of HIV/AIDS on Your Community

- WEEK 1 What do you know about HIV/AIDS?
- WEEK 2 Get the facts on HIV transmission
- WEEK 3 How does HIV affect the immune system?
- WEEK 4 HIV trends in the U.S.

OCTOBER HEALTH AWARENESS

Bullying Prevention
Communicate with Your Kids
Domestic Violence
LGBT History

NOVEMBER 2019

Prevention and Treatment Methods

- WEEK 1 New prevention strategies
- WEEK 2 Safer sex practice
- WEEK 3 HIV/STD testing: Know your options
- WEEK 4 Protection tips & tricks (condom demonstration)

NOVEMBER HEALTH AWARENESS

American Diabetes Month

DECEMBER 2019

Sexuality: What Does It Mean?

- WEEK 1 Learning about sexuality
- WEEK 2 Male/Female reproductive health
- WEEK 3 Human sexual response: Excitement in both sexes
- WEEK 4 Gender similarities and differences

DECEMBER HEALTH AWARENESS

World AIDS Day #WAD

JANUARY 2020

What to Know About Pregnancy and Birth

- WEEK 1 How pregnancy occurs
- WEEK 2 Labor and birth
- WEEK 3 Drugs and pregnancy
- WEEK 4 The importance of prenatal care

JANUARY HEALTH AWARENESS

National Birth Defects Prevention Month
National Drug & Alcohol Facts Week

FEBRUARY 2020

#Sexting

- WEEK 1 Sexting and its consequences
- WEEK 2 Know the facts!
- WEEK 3 Image: How long does it last?
- WEEK 4 Protect yourself from cyberbullying

FEBRUARY HEALTH AWARENESS

National Black HIV/AIDS Awareness Day
#NBHAAD
Teen Dating Violence Awareness

MARCH 2020

Birth control: What Are My Options?

- WEEK 1 What is birth control?
- WEEK 2 What are the types of birth control?
- WEEK 3 How do you choose the best method for you?
- WEEK 4 What health issues might limit my choices?

MARCH HEALTH AWARENESS

National Women and Girls HIV/AIDS Day
Gender Equality
Women's History Month

APRIL 2020

Identifying Triggers

- WEEK 1 What are triggers
- WEEK 2 How do I reduce my risk?
- WEEK 3 Learn how to manage sexual risk situations
- WEEK 4 Healthy decision making to manage triggers

APRIL HEALTH AWARENESS

National Youth HIV/AIDS Awareness Day
#NYHAAD
National Transgender HIV Testing Day
#NTHTD

MAY 2020

Teen Dating Violence

- WEEK 1 Facts are facts
- WEEK 2 Sex trafficking
- WEEK 3 Rape prevention: No means NO!
- WEEK 4 Resources and tools

MAY HEALTH AWARENESS

Mental Health
Teen Pregnancy Prevention
National Hepatitis Day
HIV Vaccine Awareness Day

